

*We strongly believe that every person with intellectual disabilities has the right to appropriate pain care*

*Timely detection of individual pain expression*

*Interpreting (pain) behaviour from a biopsychosocial perspective*

*Methodical, interdisciplinary diagnosis and treatment*

*Evidence-based practice and training*

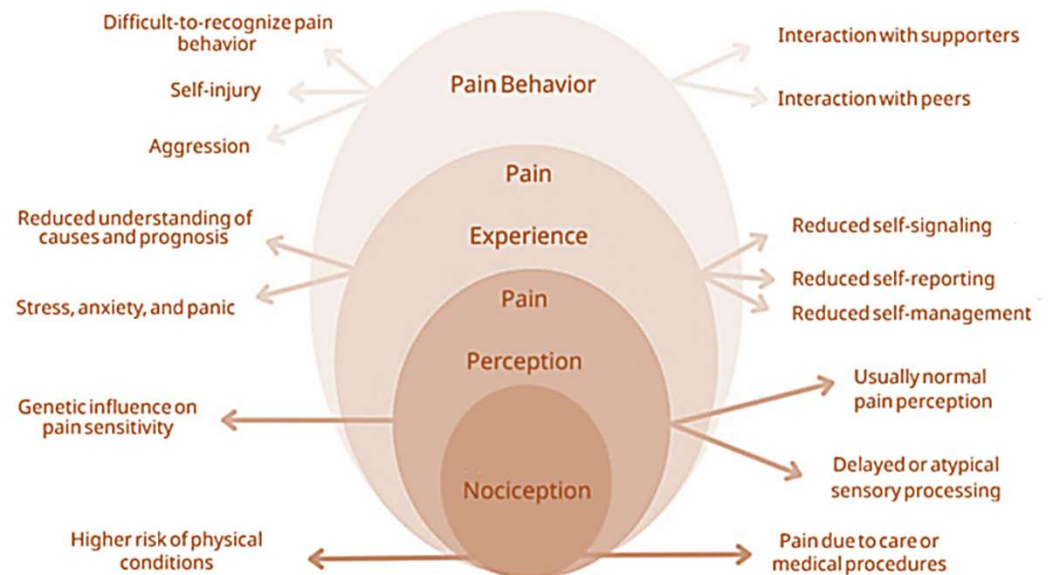


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People with intellectual disabilities (ID) are vulnerable to pain (see figure). Since 2021, the Dutch *Pain Care (Un)limited* knowledge network has been committed to better pain care. We strive to ensure that the underlying needs of people with ID are understood and that care professionals gain insight into a person's individual factors to address those needs together. Training, working methodically, and involving clients (and their representatives) are central to this effort. Our (inter)national collaboration is growing.

### Challenges regarding pain in intellectual disabilities



Would you like to know more or get involved?

Discover our expertise, practical tools, training/courses, and projects via [www.pijnzorgonbeperkt.nl/en](http://www.pijnzorgonbeperkt.nl/en)

See you soon!

E-mail [info@pijnzorgonbeperkt.nl](mailto:info@pijnzorgonbeperkt.nl)